



2022-23 D-T Jr. Cardinal Basketball League Guidelines



GOAL

The D-T Jr. Cardinal Basketball League's goal is to give every child between the grades of 2nd - 6th a chance to play basketball, and to teach skills, sportsmanship, working together as a team, promote new friendships, positive family interactions, and to have fun! Keep in mind that this is a developmental league and should be a positive, learning experience for all players. We cannot monitor and enforce, but recommend that each player should play at least the equivalent of one quarter per game (10 minutes).

Good sportsmanship is required by all players, coaches, parents, and fans. League administrators and/or game officials may request your removal from the premises if inappropriate behavior is demonstrated at any time.

D-T FACILITY POLICES

The D-T Facility is a smoke, tobacco, and alcohol free zone. It is also a pet/animal free zone for the direct safety of the players, fans, and all league staff.

GYM RULES

Parents are to supervise their children while within the facility to minimize accidents from happening. If players/teams bring their own basketball, players/teams are advised to mark them clearly with their name. Please no bouncing or throwing basketballs in the commons area or hallways.

EQUIPMENT

Game balls will be provided. Balls for warm-ups will be provided by teams. If players/teams bring their own basketball, players/teams are advised to mark them clearly with their name. Clean gym shoes are required while playing.

UNIFORMS

ALL teams are in charge of their own jerseys.

GAMES DATES AND TIMES

All games will be played on Sunday afternoons in January, 2022 at D-T. Times for games will be determined once teams are registered. Schedules will be sent out at latest, one week before January 8. Team registrations are due: Friday, December 16.

Dates: January 8
January 15
January 22

BALL SIZE

All teams (2nd-6th) will use a 28.5' game ball.

RIM HEIGHT

Basket height for the 2nd and 3rd grade division will be adjusted to 9 feet. In the event that a 3rd grade team and a 4th grade team might play, rim height for the 3rd grade team will be 9 feet and the 4th grade team will be 10 feet. Teams will go the same direction for the entirety of the game.

TIME LIMITS

Games will consist of (4) 10 - minute quarters with running clock: The clock stops only for time-outs (**2 per game per team – 1 minute each**), all injuries, and the last minute of the second and fourth quarters on whistles. It will run during free throws except in the last minute of the second and fourth quarters.

Half time will be 3 minutes; 1 minute between quarters. Pre-game warm up will be determined by officials; we will try to keep all games running on time.

Overtime is 2 minutes with 1 additional time out awarded to each team, clock runs except for the last 30 seconds. The game ends if still tied at the end of the overtime period.

Doors open 30 minutes prior to the first scheduled game.

SUBSTITUTIONS

Substitutions will be allowed on DEAD BALLS ONLY (after a whistle has been blown/after the first shot of a 2-shot foul). Officials must be notified before making a substitution. We cannot monitor and enforce, but recommend that each player should play at least the equivalent of one quarter per game (10 minutes).

FREE THROWS

Free throw lines for 5th and 6th grade teams will follow high school regulations (15'). 2nd, 3rd, and 4th grade teams will be at (13').

PRESSING

No pressing in 2nd, 3rd, and 4th grade games. Pressing is allowed during the 4th quarter in the 5th and 6th grade games up to a 10 - point lead. At all other times, the defense must clear any time there is clear possession of the ball by the opponent. This is a correctable error and can be called after the official realizes a steal has been made.

SCORING/TEAM HELP

Score sheets will be provided and must be filled out **PRIOR TO GAME TIME** with your team's name, player's names, and jersey numbers. We would like one volunteer from either team to help keep book. Thank you for your help!

OFFICIALS

Grades 2nd – 6th: Two officials will officiate all games.

CONCESSION STAND

A concession stand will be available. Food and drinks are allowed in the gyms. It is each team's responsibility to pick up water bottles and all trash from their bench area after each game.